## ARCHER FOOTBALL

## **REGION 8AAAAAA CHAMPIONS**

## WINTER/SPRING- 2014 MIDDLE SCHOOL WEIGHT TRAINING & SPEED & AGILITY

Where- Archer Football Fieldhouse

When- Starting Jan. 14th (Tuesday's and Thursday's)

Time- 5:30-6:45

Fee-\$25 Equipment Improvement Fee (Checks made to Archer TD Club)

## Here is what you need to know:

1. All athletes must have an ARCHER HS PHYSICAL ON FILE. There are a couple of scenarios that you must understand.

Example one- Athlete has a GFL physical only. He must attach the History Form (Page 1) and Parental Consent for Athletic Participation (Page 5) and provide insurance information before he can participate.

Example two- Athlete has no current physical. He must have a physical done and the doctor must fill out the ARCHER HIGH SCHOOL ATHLETICS FORM!!!!! Form can be printed from the Archer High School Athletics Home Page. ALL INFORMATION MUST BE COMPLETED. http://archerhighathletics.com/

Example three- Athlete has a current physical, but it is not on the Archer Athletics Form. Fax the form to the doctor and have them transfer the information to the Archer High School Athletics Physical Form.

- 2. Please see our website for a calendar and for updates. Archertigersfootball.com
- 3. We look forward to working with our future Tigers!!!!

**Coach Dyer & Staff**